

Training **FOR LIFE!**



Ask  
TheSafetyMan.Com

## DID YOU KNOW?

About 75 to 80 percent of all out-of-hospital cardiac arrests happen at home, so being trained to perform cardiopulmonary resuscitation (CPR) can mean the difference between life and death for a loved one.

Effective bystander CPR, provided immediately after cardiac arrest, can double a victim's chance of survival. CPR helps maintain vital blood flow to the heart and brain and increases the amount of time that an electric shock from a defibrillator can be effective.

Brain death starts to occur four to six minutes after someone experiences cardiac arrest if no CPR and defibrillation occurs during that time.

If bystander CPR is *not* provided, a sudden cardiac arrest victim's chances of survival fall 7 to 10 percent for every minute of delay until defibrillation. Few attempts at resuscitation are successful if CPR and defibrillation are *not* provided within minutes of collapse.

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TheSafetyMan.Com

**For Information & Registration**

1-800-277-2267 Ext. #3 ph.

951-506-4758 fax

[www.Askthesafetyman.com/CPR](http://www.Askthesafetyman.com/CPR)

[Sales@Askthesafetyman.com](mailto:Sales@Askthesafetyman.com)



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First Aid | CPR | AED Training  
Adults | Children | Infants

In Class | Online  
Fundraisers | CPR Parties |  
Groups | Course Hosting for  
Cash Program

[www.Askthesafetyman.com](http://www.Askthesafetyman.com)  
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# First Aid, CPR & AED Training **FOR LIFE!**

INDIVIDUALS, GROUPS, FUNDRAISERS, CPR PARTIES. HOW MAY WE TRAIN YOU?



## HOW MAY WE TRAIN YOU?

- GROUP DISCOUNTS
- ONLINE TRAINING DISCOUNTS
- CORPORATE ACCOUNTS & BILLING
- MAJOR CREDIT CARDS ACCEPTED
- ONLINE REGISTRATION
- PUBLIC AGENCY SUPPORT
- FUNDRAISING PROGRAMS:
  - SCHOOLS, CHURCH GROUPS, BOY / GIRL SCOUTS AND MANY OTHERS
- CPR PARTIES. HOST A SMALL CPR PARTY FOR FRIENDS AND FAMILY. KNOW SOME NEW PARENTS? THIS IS THE BEST BABY GIFT OF ALL!

Askthesafetyman.com understands what it means to need training during periods of tightening budgets and shrinking funds. Call or visit us on the web today to find out how we can tailor a training program that meets your needs for much less than you might expect!

## affordable training solutions as low as \$25 / person

Here are two of our most popular programs

### ADULT | CHILD | INFANT CPR WITH BASIC FIRST AID & AED

This course teaches CPR for adults, children (ages 1-12) and infants (under age 1); Basic First Aid; and AED. Students will learn how to recognize and respond to breathing and cardiac emergencies in the CPR portion of the course. Basic First Aid will teach students how to respond to other emergencies caused by injury or sudden illness. And, AED Essentials teaches students when and how to use an AED (automated external defibrillator).

CPR certification is valid for 1 year.  
First Aid certification is valid for 3 years.  
AED certification is valid for 1 year.  
**\$35.00 / PERSON TOTAL!**

### ADULT | CHILD | INFANT CPR WITH AED

This course teaches CPR for adults, children (ages 1-12) and infants (under age 1); Basic First Aid; and AED. Students will learn how to recognize and respond to breathing and cardiac emergencies in the CPR portion of the course. And, AED Essentials teaches students when and how to use an AED (automated external defibrillator). This course is perfect if you have a current Basic First Aid certification card.

CPR certification is valid for 1 year.  
AED certification is valid for 1 year.  
**\$25.00 / PERSON TOTAL!**

## PUBLIC AGENCY DISCOUNTS

Askthesafetyman.com offers sizeable training discounts to all public agencies. Are you an agency with shrinking budgets? Pay as little as \$25.00 per person for the full Adult, Child, Infant CPR, AED and Standard First Aid, (\$65-\$85 with other providers). Join a scheduled class, set-up group training, train online or break it up between online learning and hands-on training. It's up to you!

## FUNDRAISERS

At Askthesafetyman.com, we know that money is tight these days and we want to help! We will develop a fundraising campaign for your school (or individual class), church, Boy / Girl Scout Troop, etc. We charge a very low per person base rate and allow you to charge what you like. All proceeds above the base rate are yours to put to good use! We provide all supplies and materials free of charge!

Askthesafetyman.com fundraisers require no money to operate! This is great news for organizations with little or no money to begin with. We provide brochures and flyers (in print and digital email formats), a dedicated web page and a 30 second video clip promoting your fundraising efforts. You provide logos, pictures, any video clips you'd like to use and information about the fundraising effort and we will produce your video fundraising spot that can be emailed or posted on your group's web site. It's up to you!



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Before it's too late

INDIVIDUALS, GROUPS, FUNDRAISERS, CPR PARTIES. HOW MAY WE TRAIN YOU?

Askthesafetyman.com's Online Learning Center is Coming Soon! Save Time! Save Money!